



It's never too late to start...
to do something strong!

Classes Meet:

Mon, Tues, & Thur

8a.m -9 a.m.

@ The WAC

Lockers & Showers are

FREE and on site!

AquaFit

Aquafit is a cardio and strength class centered around core strength and water cardio. Exercise classes are designed to offer low impact strength and cardio workouts while enjoying the water and sunshine!



**Do Something STRONG!
Any Age or Skill Level is Welcome!**

Name: _____

Date of Birth: _____

Phone: _____

Email: _____

Address: _____

In case of emergency, if family physician cannot be reached, I hereby authorize the treatment of myself or my child by Emergency Personnel (i.e. EMT, First Responder, ER Physician)

Emergency Contact

Name: _____

Phone: _____

I agree to hold the City of Willard, Willard Parks & Recreation, all employees or instructors, and the Willard Park Board harmless for any injury or damage to myself as a result of my participation. I also understand that my name and photo may be used for media purposes.

Signature (guardian sign if participant under 18)

COST

Resident

- \$5 Per (Drop in's)
- \$40 for 9 class punch card
- \$50 for 12 class punch card
- \$75 for 18 class punch card

Non-Resident

- \$7 Per (Drop in's)
- \$56 for 9 class punch card
- \$70 for 12 class punch card
- \$105 for 18 class punch card

10% Senior Discount!

For more information, contact us at (417) 742-2262 or visit us at www.willardparks.com